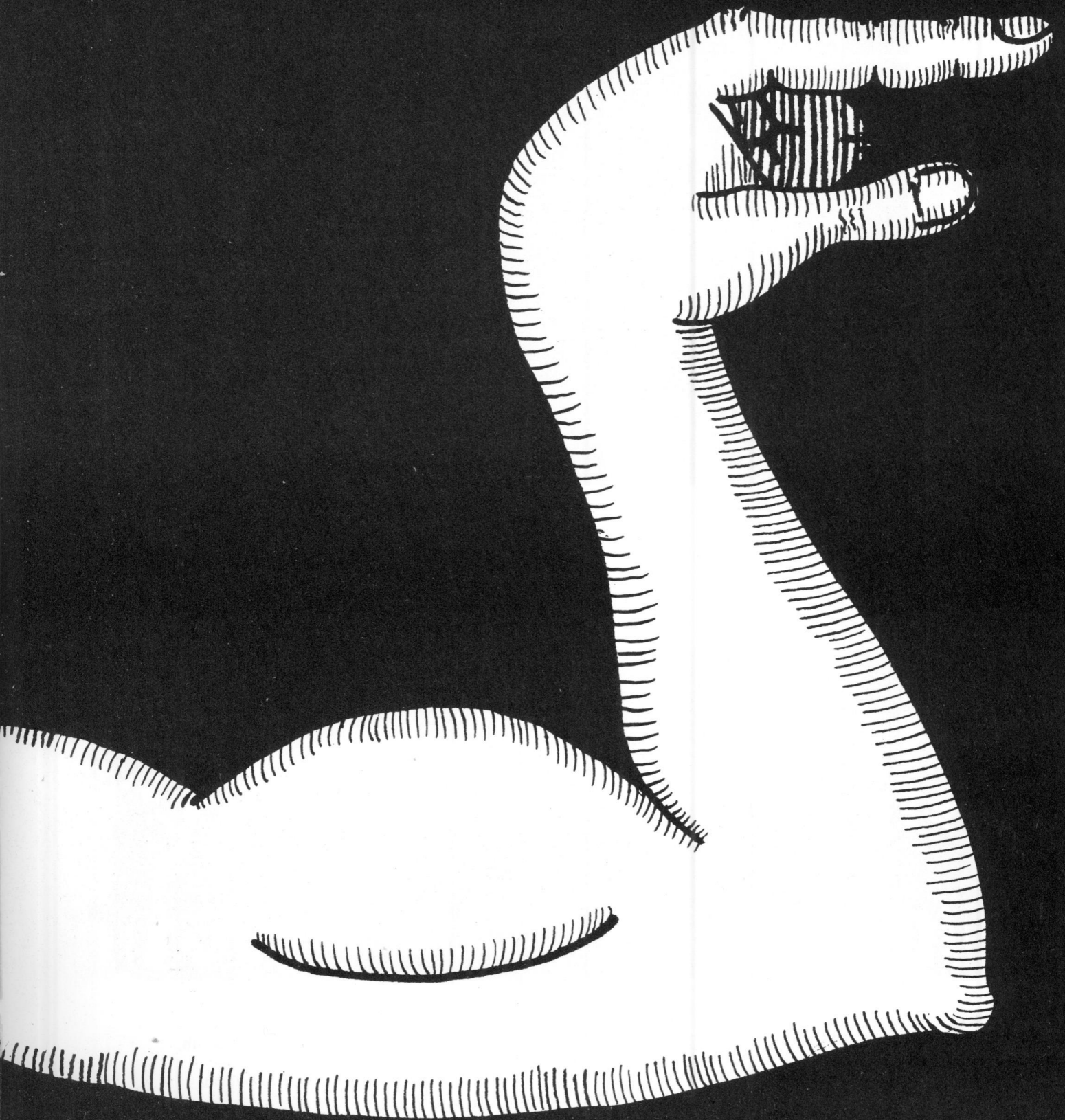


SPORTS



JUNIOR FOOTBALL

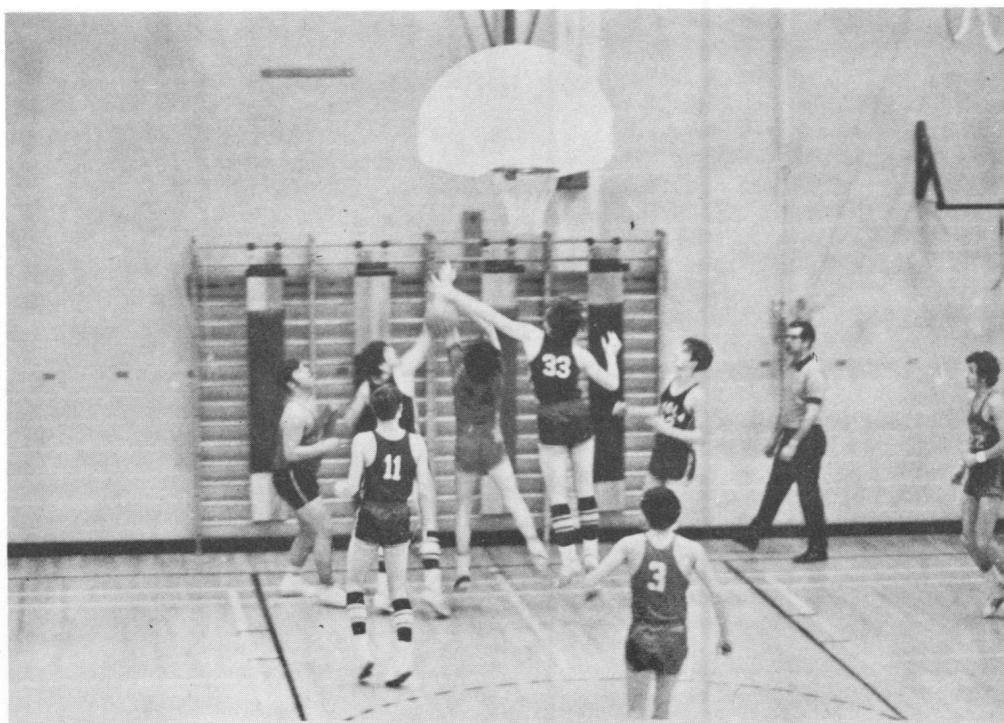


Back Row: B. Felson (Mgr.), Mr. Feigan (Coach), Mr. Puritz (Coach), G. Berger, L. Young, B. Roth, R. Paris, D. Aronovitch, J. West, D. Wong, M. Climan, D. Eramian, R. Jacobson, G. Shacter, M. Ludwick, F. Goldsmith, M. Walvis, D. Roseman, R. Schwartz, S. Shatenstein, N. Epstein, W. Sirzyk, Mr. A. Schreiber (Coach).
Front Row: D. Mendell, C. Breger, M. Groper, S. Silverstein, S. Labow, B. Weitzman, N. Smilely, H. Feldman, J. Zupnik, D. Bock, B. Sosnow, R. Frankel, J. Stein.

SENIOR BASKETBALL



Top: Mr. C. Blair (Coach) G. Elkin, E. Burton, R. Balinsky, S. Rozansky, W. Charness.
Bottom: A. Fishman, M. Habercorn, J. Zucker, H. Finnemore.

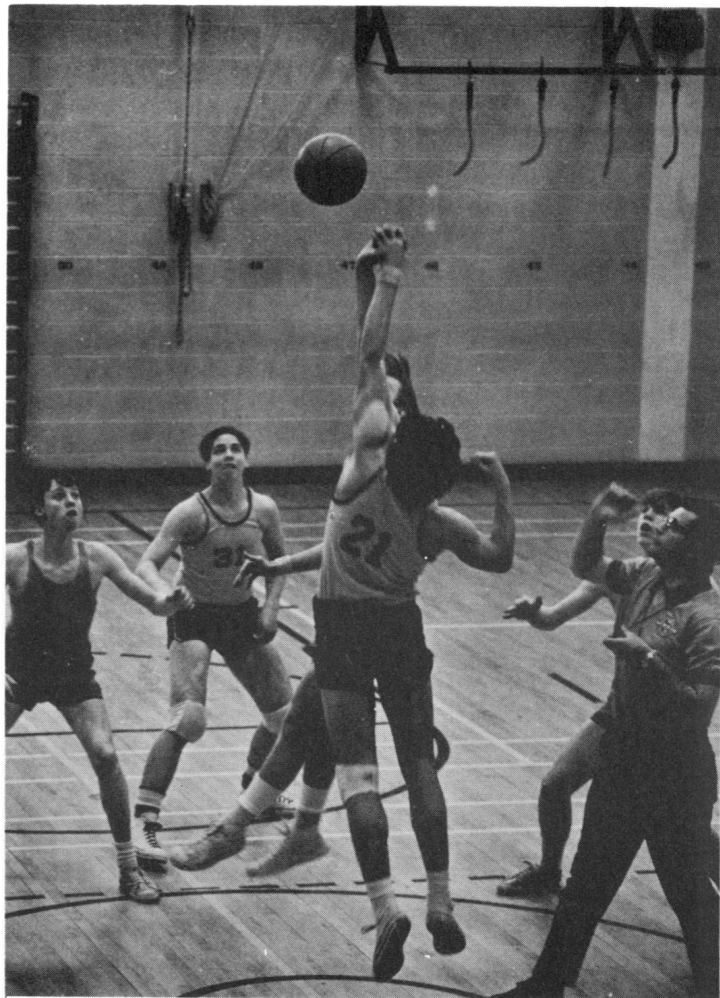


JUNIOR BASKETBALL



Top: Mr. J. Porter (Coach), N. Smiley,
S. Mestel, G. Berger, C. Breger,
S. White, D. Bock.
Middle: H. Feldman, R. Smith, M. Groper,
L. Blanc, R. Sacks.
Bottom: S. Freeman (Mgr.), M. Rosen (Mgr.),
H. Smith (Mgr.).

FIRST IN THE CITY



SENIOR SOCCER



Top: M. Grintuch, T. Mede, D. deSanctis, H. Young, A. Borenstein, G. Schreit, J. Zucker (Captain),
H. Blum, S. Glickman.

Bottom: I. Fried.

JUNIOR SOCCER



Top: M. Hanman, D. Minogue, M. Rotchin, M. Linds, M. Claiman, A. Gossak.
Bottom: R. Cohen, H. Smith, M. Rosen (Captain), S. Strudensky.

GOLF



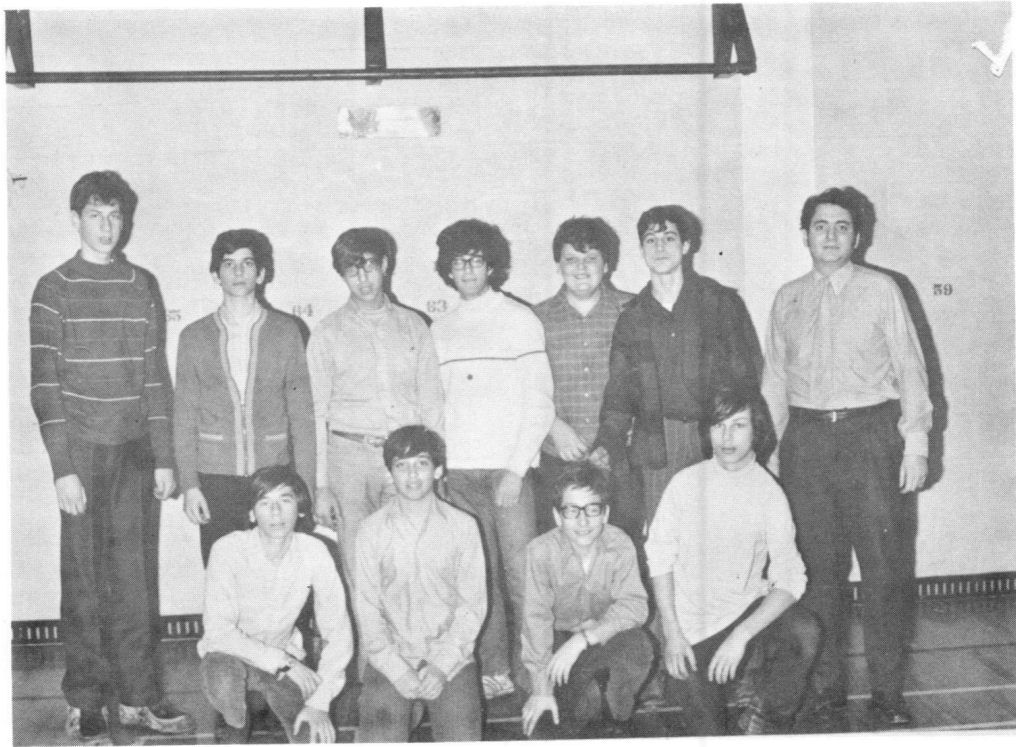
R. Apter, S. Mestel.

CROSS COUNTRY



Top: J. Frider, J. Rosenfield, K. Breuer, E. Burman, R. Sacks, K. Wilder.
Bottom: A. Shacter, M. Weber, S. Greenberg, J. Nalon.

BANTAM HOCKEY



Top: A. Bassel, L. Schnitzer, M. Manofsky, M. Linds, R. Grossman, B. Applebaum, Mr. Rosen (Coach).
Bottom: R. Cohen, H. Smith, M. Pugash, R. Hajnis.

JUNIOR HOCKEY



Top: R. Schaefer, M. Silverstein, B. Simon, J. Zupnik, Mr. Kneeland (Coach).
Middle: J. Elkin, (Mgr.), D. Eliasoph, G. Kugler, S. Schwartz, B. Weitzman, G. Earnest, M. Sloan.
Bottom: M. Rabinovitch, C. Shenkman, M. Bagen, M. Rosen, M. Starr, S. Segal.

SENIOR BASKETBALL



Top: C. Libman, J. Laidenheim, J. Zucker, M. Stavis.
Bottom: E. Jacobson, D. Gerson, G. Small (Captain), B. Wexler.
Absent: S. Kritzberg, D. Wexler, J. Sobers, Miss Nordstrom (Coach).



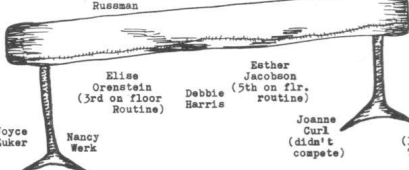


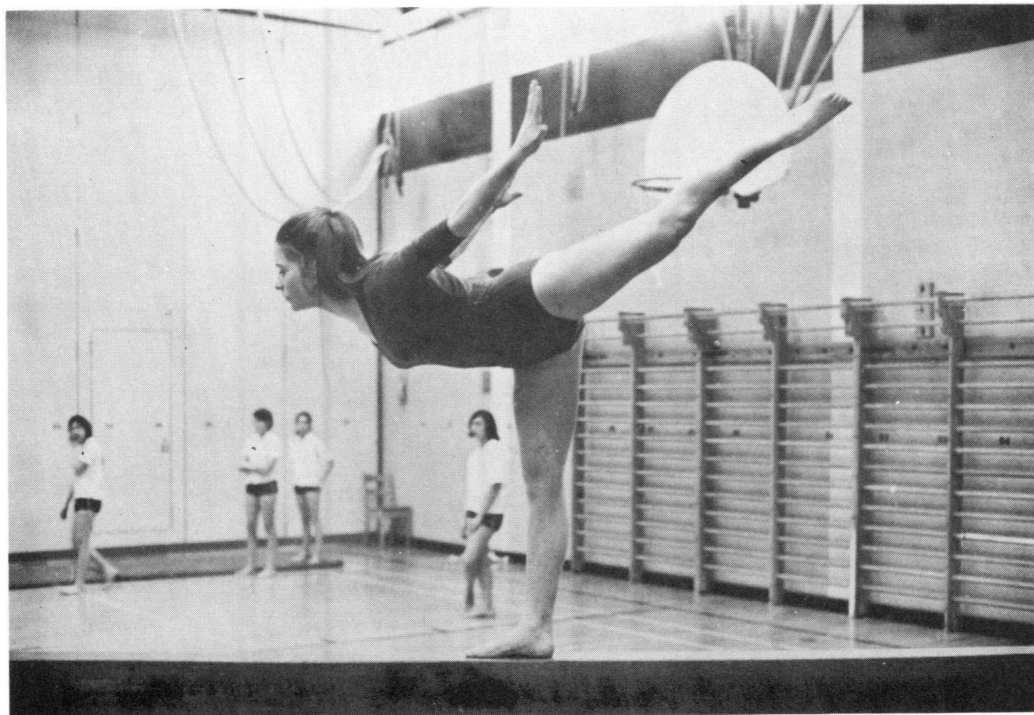
Top: W. Nicholls, J. Lipov, A. Caplan, S. Bresinger, J. Lewis.
Bottom: M. Palley, L. Brown, B. Miller (Captain), D. Tomas, P. Paris.
Absent: Mrs. Porter (Coach), J. Portigal, P. Cohen, S. Morris, D. Birlach.

JUNIOR BASKETBALL

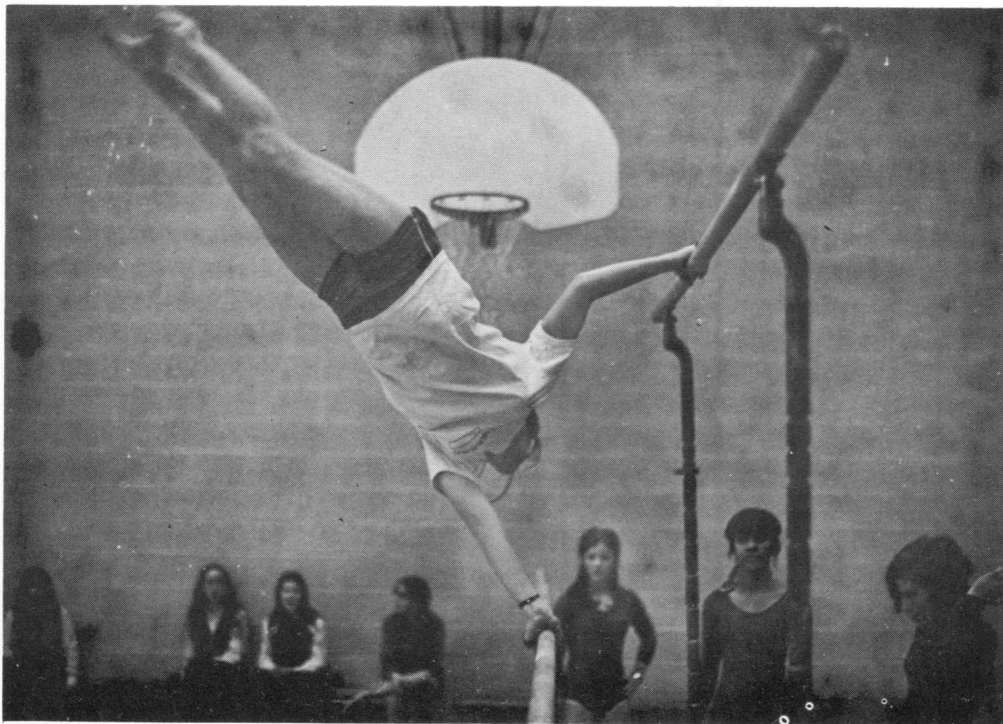
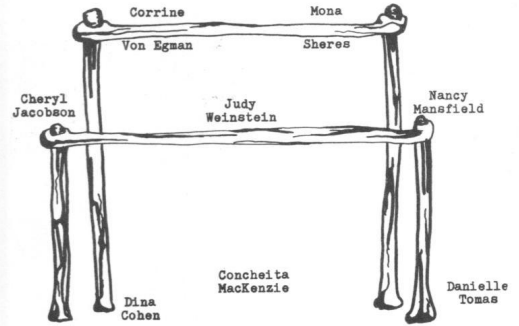


INTERMEDIATE GYMNASTICS

Cheryl Steinberg (1st on beam)	Elie Miller	Debbie Gerton	Helen Karanofsky (2nd on floor Routine)
Donna Ruessman			
			
Elise Orenstein (3rd on floor Routine)	Debbie Harrie	Joanne Curl (didn't compete)	Brenda Fine (1st on Tumbling)
Joyce Zuker	Nancy Wark		
<p>Over-all:- *2nd in City*</p>			



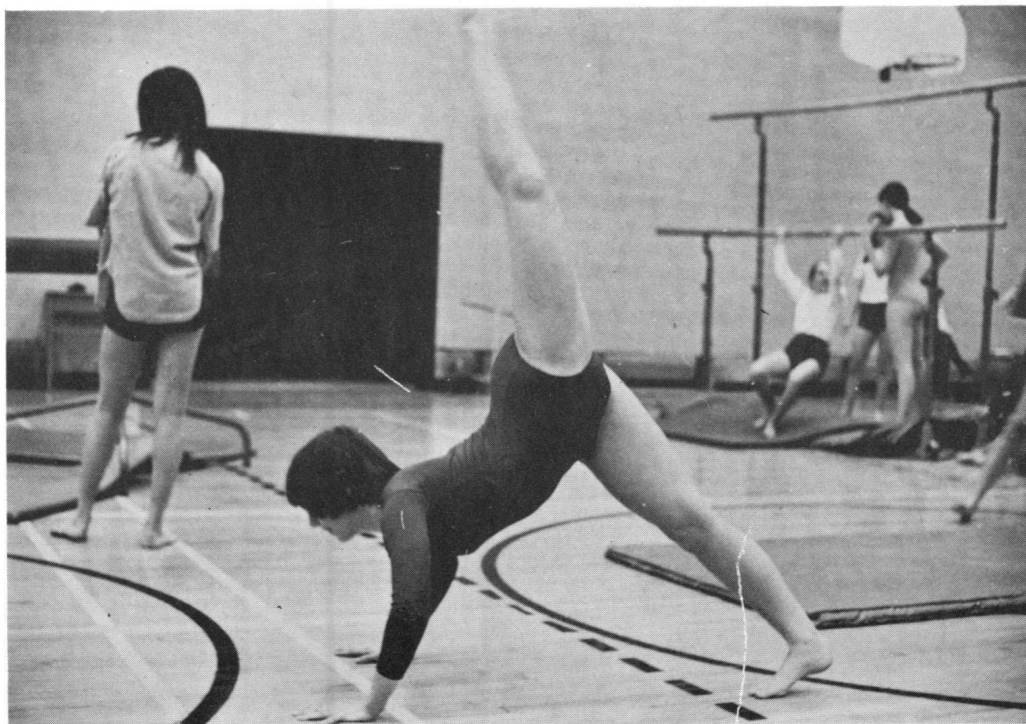
JUNIOR GYMNASTICS



BANTAM GYMNASTICS



Top: E. Anisef, D. Vermes, R. Vogel, J. Abramson, R. Rosenberg.
Kneeling: L. Berger, D. Bankley, L. Wong.
Seated: S. Yong, P. Derstenfeld, B. Chaimberg.



CHEERLEADERS



Standing: D. Harris, D. Tomas, R. Grover, B. Fine.
Seated: K. Freedlander, E. Ornstein, S. Hershman (Captain), E. Jacobson, W. Nicholls.



SENIOR BADMINTON



Standing: S. Kritzberg, E. Jacobson, M. Tissenbaum, R. Steinberg, J. Gabor, E. Cohen.
Kneeling: D. Wexler, C. Libman, B. Rosenzweig, B. Wexler, G. Small.
Absent: Mr. P. Kneeland (Coach).



JUNIOR BADMINTON



Standing: W. Nicholls, S. Simpson, M. Palley, D. Tomas.
Kneeling: C. Bernstein, J. Rozansky, J. Lipov, A. Caplan.



EXPO'S vs WAGAR

EXPO'S FINALLY REVEAL THEIR FORTE



Getting a basket is as easy as " π ".



Watch the hands, boys.

PROPOSED PHYSICAL EDUCATION PROGRAM

In an effort to promote physical fitness in our physical education program I would like to propose the following:-

1. That all the students in Years 1, 2, and 3 be required to take gym a minimum of four times a week. Years 1 and 2 students could have three 25 minute periods and one 50 minute period a week without seriously reducing the total time spent in history classes and, therefore, enabling us to incorporate skills with a comprehensive physical fitness program. Year 3 students could have four 25 minute periods a week, which would allow us to offer them a complete fitness program, but would virtually eliminate the teaching of skills. I feel that fitness should take precedence over skills and this belief is essentially the difference in this program as opposed to the more traditional methods of teaching physical education now being used throughout the Montreal area.
2. In order to offer a diversified program of progressive resistance exercises, I would like to request that the following pieces of equipment be installed in the gym:
 - a) 2 peg boards
 - b) 2 Horizontal Ladders
 - c) 8 Sit-up Boards
 - d) 1 Monkey Travel Bar
 - e) 1 Chinning Bar
3. This program provides an excellent opportunity to promote fitness in the majority of the student body. It does not seem to require any change in the data cards needed for programming the curriculum via the Board's computer. It does, however, cut down on the time available for the teaching of skills (which many children can't perform adequately since they aren't fit enough). This entire program could be set up on a one year experimental basis. Careful records of student progress could be kept and compared to those of a preceding year, or with a "control school" still teaching physical education in the traditional manner.

Judson R. Porter

